



SUSTAINABILITY

# SEAFOOD IN SCHOOLS



SEAFOOD  
**SCOTLAND**

# SEAFOOD FOR A SUSTAINABLE FUTURE

How does the industry  
protect the planet and  
reduce waste?



SEAFOOD IN SCHOOLS

# PROTECTING OUR SEAS

79% OF WILD  
CAUGHT SEAFOOD  
COMES FROM  
SUSTAINABLY  
MANAGED  
FISHERIES.

SUSTAINABLE  
FISHING  
ENSURES LONG-  
TERM FISH  
POPULATIONS.

37% OF  
SCOTLAND'S  
SEAS ARE  
MARINE  
PROTECTED  
AREAS.

MANAGING GEAR  
USE AND METHODS  
CAN RESULT IN  
RESPONSIBLE AND  
SUSTAINABLE FISHING  
PRACTICES

IN 2024 SEPA  
CLASSIFIED  
OVER 98% OF  
SCOTLAND'S  
COASTAL WATERS  
WITH HIGH-QUALITY  
STATUS



# REDUCING THE CARBON FOOTPRINT

**1 KG OF SALMON  
PROTEIN = 4.1 KG CO<sub>2</sub>**

COMPARED TO:

- \* Chicken = 6.5 kg CO<sub>2</sub>
- \* Lamb = 21 kg CO<sub>2</sub>
- \* Beef = 25 kg CO<sub>2</sub>

**SHELLFISH FARMING IS THE MOST  
ENVIRONMENTALLY FRIENDLY FORM  
OF AQUACULTURE.**

- \* Doesn't require feed and the species filter water naturally.
- \* The Scottish shellfish farming sector is worth an estimated £37million at first sale value.\*

**SEAWEED FARMING  
ABSORBS CO<sub>2</sub> AND  
REDUCES EMISSIONS.**



\*Figures taken from 2023



## FIGHTING WASTE

- \* Fish by-products like oil and bones are used in food and supplements.
- \* Innovative methods recycle seafood waste.
- \* Old fishing gear and waste are repurposed and recycled - Fishing for Litter initiative.
- \* Eat a variety of species to reduce overfishing.
- \* Reducing waste at home by making stock or fishcakes from leftovers.



## HOW CAN YOU HELP?



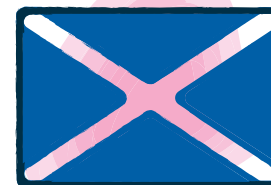
**CHOOSE ACCREDITED SUSTAINABLE SEAFOOD, SUCH AS THOSE WITH THE MSC BLUE LABEL**

The Marine Stewardship Council (MSC) 'blue fish label, is applied to fisheries that have been assessed and certified as sustainable.

There are over 1,500 certified products available in the UK and Ireland.



**TRY LESSER-KNOWN SPECIES TO SUPPORT BIODIVERSITY.**



**SPREAD THE WORD ABOUT SCOTLAND'S EFFORTS.**



**SEAFOOD  
SCOTLAND**

**ANY  
QUESTIONS?**

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